

# Mrs. Ketterer

Dyslexia Therapist



## My favorite Mister Rogers quote:

*Knowing that we can be loved exactly as we are gives us all the best opportunity for growing into the healthiest of people.*

Mr. Rogers

## Something I do that makes me feel happy:

*Books! I love to read with some coffee, blanket, and a comfy chair.*

## Something I do when I feel sad or afraid:

*Phone a friend. I reach out for some encouragement and support.*

## Some of my favorite things include:

- \*books
- \*chocolate
- \*coffee
- \*shopping
- \*cooking/baking
- \*traveling
- \*crafting
- \*friends and family.
- \*Amazon

Let's make the most of this

**BEAUTIFUL**  
*day!*  
FRED ROGERS

# Ms. Lara

ESL Specialist



## My favorite Mister Rogers quote:

"It's not so much what we have in this life that matters. It's what we do with what we have."

-Fred Rogers

## Something I do that makes me feel happy:

*Exercise & spend time with my family. Serving my community.*

## Something I do when I feel sad or afraid:

*Pray, write in my journal, go for a walk.*

## Some of my favorite things include:

*Spending time with my family, watching a funny movie snuggled up on our sofa with my kids & dogs.*

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# Mrs. Brown

Math Interventionist



## Something I do that makes me feel happy:

*CRAFT! I love to craft with my sister-in-law, especially on rainy days.*

## Something I do when I feel sad or afraid:

*Look at pictures of my family to remind me to focus on the "good things" happening in my life.*

## My favorite Mister Rogers quote:

*"There's a world of difference between insisting on someone's doing something and establishing an atmosphere in which that person can grow into wanting to do it."*

## Some of my favorite things include:

- Orange Red Bull
- Crafting
- Outdoor Activities
- Baking
- My husband and Kids!
- Netflix

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# Mrs. Fletcher

Math Coach



## My favorite Mister Rogers quote:

*"Knowing we can be loved exactly as we are gives us all the best opportunity for growing into the healthiest of people."*

## Something I do that makes me feel happy:

Taking my dogs on a walk with my husband, exercising outdoors, and enjoying a home cooked meal.

## Something I do when I feel sad or afraid:

*I read, listen to music, or engage in projects around the house.*

## Some of my favorite things include:

- Iced Coffee
- Traveling
- Being outdoors
- Reading
- Spending time with my family.

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# Mrs. Marshall

## Reading Recovery



### My favorite Mister Rogers quote:

*The best teacher in the world is somebody who loves what he does and loves it in front of you.*

*~Mr. Rogers*

### Something I do that makes me feel happy:

- *Exercising*
- *Reading a good book*
- *Going for a walk*
- *Watching movies/TV shows with my family*

### Something I do when I feel sad or afraid:

*Talk to someone who is positive and uplifting! My family is always my rock and my mom is always a phone call away!*

### Some of my favorite things include:

- *Color: teal, silver*
- *Snack: fresh and dried fruit*
- *Drink: Flavored carbonated water*
- *Store: Target*
- *Take Out: Fuzzy's, Olive Garden*

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# Mrs. Cramer

Reading Interventionist



## Something I do that makes me feel happy:

- Reading
- Spending time with family
- Boating and Fishing
- Spending time with friends
- Sitting on back porch with a cup of coffee

## Something I do when I feel sad or afraid:

- Pray
- Call a friend or family
- Go for a walk

## My favorite Mister Rogers quote:

***“There are three ways to ultimate success: The first way is to be kind. The second way is to be kind. The third way is to be kind.”***

## Some of my favorite things include:

- books
- coffee
- Diet Coke
- Hot Tamales candy
- my granddaughters
- family and friends
- Going out to eat

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# Mrs. Biggs

## EXPO



### Something I do that makes me feel happy:

*I love to spend time with my family and friends.*

### Something I do when I feel sad or afraid:

*I talk about how I feel and then I always feel better.*

### My favorite Mister Rogers quote:

*"We all have different gifts, so we all have different ways of saying to the world who we are."*

*Mr. Rogers*

### Some of my favorite things include:

- . antique shopping*
- . traveling*
- . spending time with my granddaughter*
- . hiking*

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FRED ROGERS